

## Wellness Box, Calm

£465 Regular

£395 SOHO HOME+

### Product details

We're showcasing the small start-ups and independent brands we love- created in collaboration with our Soho House members.

Start the day with a calm mind or unwind at the end of a long week with this set of luxury essentials, including Muse, an award-winning immersive meditation device that offers real-time feedback on your brain and body's activity, helping you tune in for a meaningful meditation practice. Stay in the zone with restful, sleep-inducing botanicals from APOTHEM, whose products harness the power of cult CBD ingredients to promote a greater sense of calm and help you unwind.

- Muse Brain Sensing Headband
- The Ritual Series Evening, by APOTHEM, including Unplug Bath Salts and Lights Out Drops

### Dimensions

H10 x W10 x D10cm / H4 x W4 x D4"

### Weight

1kg / 2.2lbs

